

WENDER UTAH RATING SCALE (WURS)

PATIENT'S
INITIALS _____

PATIENT'S
NUMBER _____

DATE _____

M.D.'s
INITIALS _____

AS A CHILD I WAS (OR HAD):	Not at all or very slightly	Mildly	Moder- ately	Quite a bit	Very Much
1 Active, restless, always on the go					
2 Afraid of things					
3 Concentration problems, easily distracted					
4 Anxious, worrying					
5 Nervous, fidgety					
6 Inattentive, daydreaming					
7 Hot or short tempered, low boiling point					
8 Shy, sensitive					
9 Temper outbursts, tantrums					
10 Trouble with stick-to-it-iveness, not following through, failing to finish things started					
11 Stubborn, strong willed					
12 Sad or blue, depressed, unhappy					
13 Uncautious, dare-devillish, involved in pranks					
14 Not getting a kick out of things, dissatisfied with life					
15 Disobedient with parents, rebellious, sassy					
16 Low opinion of myself					
17 Untable					
18 Outgoing, friendly, enjoy company of people					
19 Sloopy, disorganized					
20 Moody, have ups and downs					
21 Feel angry					
22 Have friends, popular					
23 Well organized, tidy, neat					
24 Acting without thinking, impulsive					
25 Tend to be immature					
26 Feel guilty, regretful					
27 Lose control of myself					
28 Tend to be or act irrational					
29 Unpopular with other children, didn't keep friends for long, didn't get along with other children					
30 Poorly coordinated, did not participate in sports					